



## Nike Sports Performance Series Football Camp

In conjunction with our national partners Nike & SPARQ, Velocity Sports Performance is presenting the Nike-SPARQ Summer Performance Series all across the country -- a unique blend of sport specific skill coaching and sports performance training. VSP Trumbull is pleased to host the ONLY football camp in this series to be held in CT! For boys entering 6<sup>th</sup> thru 9<sup>th</sup> grade.

**Football** -- Join Coach **Tom Brockett of Ansonia High School**, Back to Back CT State Football Champions and other top area high school coaches as you hone your football skills and improve your speed, agility, and power. Position specific stations will be offered.

**Sports Performance Training** -- Led by Sports Performance Director, Ned Simerlein, take part in the highest level of sports performance training available. For the past 5 years Ned has been training elite level athletes from all over the country. This year he developed an NFL combine training program for some of the top collegiate football players in the country!

Camps will be held at the Sports Zone from 9:00 am -12:00 pm, Monday - Thursday the weeks of:

? 7/14/08

? 7/21/08

? 7/28/08

**Price is \$300 per week; early bird discount available for registration by April 1**

Call Us: 203.377.4700

On the Web: [www.velocitysp.com/trumbull/programs/football\\_camps](http://www.velocitysp.com/trumbull/programs/football_camps)